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WELCOME TO COLLEGE!
Congratulations on starting your first term of college. In addition to going to classes and getting familiar with campus, be sure to seek out ways to get involved.

Talk to someone new in your dorm or in a class, join a student club, or play an intramural sport. Make sure to try something new!
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NEED HELP?

Photo: Southern Oregon University
It’s normal to feel overwhelmed with all of the new responsibilities at college. Ask for help if you need it — there are lots of people whose job it is to help you!

For questions about academics, your advisor is a good person to start with, and if you live on campus, talk to your RA.
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FILL OUT YOUR FINANCIAL AID FORM!
FAFSA and ORSAA opened October 1. Remember to re-apply for financial aid every year you’re in college!

Also, the OSAC Scholarship Application is now open — check for new scholarships available to you on their website as well as scholarships through your college.
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YOU’VE GOT THIS!

Photo: Western Oregon University
Make sure you’re going to class and staying on top of your assignments so you’re ready for finals.

Seek out or start a study group with classmates, or visit your professor’s office hours with specific questions. Most colleges also provide extra tutoring help, too.

Enjoy your well-deserved break and spend time with family and friends!
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NEW YEAR, NEW YOU
JANUARY

Start the new year off on the right foot by setting goals, practicing time management skills, and using good study habits.

Go to class and seek help from professors, advisors, and other support services.

Try out a new club or activity this term — get out of your comfort zone!
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WORRIED ABOUT MONEY?
If you haven’t already, it’s time to outline a budget (and stick to it!)

Beware of credit card offers. It’s easy to spend money you don’t have.

A part-time job can help you make a little extra cash — campus jobs often have flexible hours that work around your class schedule.
MAKE A SUMMER PLAN

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It’s fun to dream of sunshine and summer when you’re constantly studying at the library. Now is the time to apply for summer internships or programs and even some jobs.

Think about if you want to go home and work, stay at school and take classes, or do something new!
DO YOU KNOW WHAT’S NEXT?

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Do you:

a) have no idea what you want to do as a career after college?

b) regularly change your mind about your future career?

c) know the exact job and company you want to work for?

No matter how you answered, pay a visit to the career center at your school for help!
MAKE A PLAN FOR NEXT YEAR

Photo: Southern Oregon University
Congratulations! Your first year of college is almost over.

Make sure you’ve met with your advisor to talk about classes and requirements for next year.

Remember, it’s ok to change majors or programs (and most people do) and it’s ok to not know exactly what you want to study yet either.
Enjoy your first summer after college, whether you’re working, taking classes, or doing an internship.

You still have plenty of time at college to get involved with new activities, take classes in different subjects and meet new people.

Have fun!