



## IT'S A PLAN: 12TH GRADE CHECKLISTS

The senior year is critical for students to meet deadlines and complete forms as part of the college application and financial aid process. Therefore, Oregon GEAR UP created a series of comprehensive checklists for educators, students and families that address key action items for each month. In addition, there are printable handouts, links to resources, and communication tools like weekly text messages and Facebook posts.

### INSTRUCTIONS

1. **Get a team.** It's important to provide a network of support. Include administrators, teachers, parents and students to help share these messages.
2. **Make a communications plan.** Determine when and how you will share information to students and families; consider more than one method. Make sure you have students and families cell phone numbers, e-mails or mailing addresses if you plan to communicate in those ways.
3. **Download** each month's checklists and communication tools as one PDF file and any additional resources; print the resources that you want to use.

## SUMMER RESOURCES

### CHECKLISTS

- Educators [page 2](#)
- Students [page 3](#)
- Families [page 4](#)
- Familias (Spanish) [page 5](#)

### COMMUNICATION

- Text Messages [page 6](#)
- Posters [page 7](#)
- Facebook [facebook.com/oregongoestocollege](https://facebook.com/oregongoestocollege)

For more resources on the transition to college, see Oregon GEAR UP's toolkit:

[oregongearup.org/resource/transition-college-toolkit](https://oregongearup.org/resource/transition-college-toolkit)

# SUMMER

## 1 Send final transcripts and scores.

- Have a process (such as a Senior Exit Survey) where students can confirm where they will attend college so the school can send final transcripts.

## 2 Get organized.

- Determine how you will follow up and stay connected with students during the summer and into their freshman year of college: phone calls, texting, and Facebook groups are all good ideas (*be sure to collect phone numbers on the Senior Exit Survey if you don't have them already.*)
- Provide information and guidance for students about **health insurance**, banking and financial needs (including **student loans** and **credit cards**), and living with roommates.

## 3 Attend orientation.

- Remind students to register and attend. Encourage carpooling for students attending the same school.
- Throw a college send-off party for students/families.

## 4 Make the most of summer.

- Encourage students to create a list of activities they want to accomplish this summer.
- Partner with the local or school library to offer book clubs or reading contests.

### NOTES:

# SUMMER

## 1 Send final transcripts and scores.

- Confirm with your school counselor the college you will attend so the school can send your final transcript.
- AP scores will be available online in July; you can send scores to a different college than you indicated on the test for a fee.

## 2 Get organized.

As a college student, you will be responsible for your time, money, academics and social life. Get a jump on your responsibilities this summer:

- Make sure you've got **health insurance** through the school, your parents, or your own policy.
- Determine your banking and financial needs – set up a **checking account** at a bank or credit union near campus, decide the best way to monitor your **budget**, and learn more about **student loans** and **credit cards** before applying.
- Make a list of **what to bring** or buy. Living on campus? Connect with your roommate to coordinate supplies.

## 3 Attend orientation.

- Register for classes, take placement tests (if you haven't already), learn your way around the campus and meet other first-year students. Don't miss it!

## 4 Make the most of summer.

- In addition to your job, internship, or summer program, read a good book, try something new, and spend time with friends and family!

### HELPFUL HINT:

**BUDGET:** it's not just about money! You'll need to account for the money you have, how much you spend, and what you're spending it on. When you're in college, you'll also be learning how to budget your time.

### NOTES:

# SUMMER

Congratulations on your student's graduation from high school! Enjoy the summer and spending time with your student, but start planning out some of the details and new responsibilities your student will have. The college will continue to send information about orientation, class registration, and other key details, so make sure to keep a lookout for key deadlines and specifics.

## 1 Send final transcripts and scores.

- The school will send a final transcript and grades to your student's college – so make sure the school knows your student's final decision!

## 2 Get organized.

As a college student, your student will be in charge of his/her own time, money, academics and social life. Help your student navigate these new responsibilities:

- Health insurance** through the school, your policy, or your student's own policy.
- Banking and financial needs** – help your student set up a **checking account** at a bank or credit union near campus, discuss how to create and monitor a **budget**, and discuss **student loans** and **credit cards**.
- Help make a list of **what your student needs to bring** or buy.

## 3 Attend orientation.

- Make sure your student is registered for and attends orientation. Some colleges also offer programs specifically for parents.

## 4 Make the most of summer.

- In addition to your student's job, internship, or summer program, encourage your student to read a good book, try something new, and spend time with friends and family!

### CONVERSATION STARTERS

What are three things that you want to do this summer?

What are three things you plan to do in your first term of college?

# VERANO

¡Felicidades por la graduación de su estudiante! Disfrute el verano y el tiempo con su estudiante, pero comience a planificar algunos de los detalles y nuevas responsabilidades que su estudiante tendrá. El colegio/universidad continuará mandándole información sobre orientación, inscripción de clases, y otros detalles importante. Asegúrese de estar al pendiente de esta información y sobre las fechas limites.

## 1 Envié el historial de calificaciones y resultados de exámenes.

- La escuela enviará el historial de calificaciones oficial al colegio/universidad de su estudiante. Asegúrese que su la escuela esté informado de la decisión final de su estudiante.

## 2 Organízate.

Como estudiante universitario, su estudiante estará encargado de su propio tiempo, dinero, estudios, y vida social. Ayude a su estudiante navegar estas nuevas responsabilidades.

- **Seguro de salud** a través de la escuela, usted, o su propia póliza.
- La necesidades financieras y bancarias. Ayude a su estudiante abrir **una cuenta de cheques** en un banco cercas del campus, hablen sobre como crear y manejar **un presupuesto**. Hablen sobre **los prestamos estudiantiles** y **las tarjetas de crédito**.
- Ayude le a hacer **una lista de las cosas** que su estudiante necesita llevar o comprar.

## 3 Asista a la orientación.

- Asegúrese de que su estudiante este registrado y asista la orientación . Algunos colegios ofrecen programas específicamente para los padres.

## 4 Aproveche al máximo el verano.

- Además del empleo, pasantía o programa de voluntariado de su estudiante anímelo a leer un buen libro, intente algo nuevo, y que pase tiempo con sus amigos y familiares.

### TEMAS DE CONVERSACIÓN

¿Cuáles son tres cosas que quieres hacer este verano?

¿Cuáles son tres cosas que planeas hacer tu primer semestre en el colegio/universidad?

## SUMMER TEXT MESSAGES

	week	student text message	family text message (English)	family text message (Spanish)
JUNE	1	Check with your high school to be sure your final transcripts are sent to your college. They're required to officially enroll.	Colleges require final transcripts before students can officially enroll. Your child should confirm they've been sent.	Los colegios requieren un historial de calificaciones antes de que el estudiante se pueda inscribir. Su estudiante debería confirmar que haya sido enviados.
	2	Congratulations on graduating! This summer we'll send you one tip per week to help keep you on track for college in the fall.	Congrats! You've got a high school grad. We'll send weekly tips to keep them on track for college.	¡Felicidades! Tienes una graduado de la preparatoria! Te mandaremos consejos semanalmente para mantenerlos en camino al colegio.
	3	This summer is a great time to learn something new, read a fun book, practice budgeting your \$, and enjoy your friends & family.	Good summer activities for your soon-to-be college kid: read, practice budgeting, spend time with you & other family members.	Algunas actividades buenas para su estudiante este verano: leer, practicar su presupuesto, pasar tiempo con usted y otros miembros de la familia.
	4	Paid work (a job!) can help you save money for college, and volunteering can provide new skills and fun. Try one or both!	A job or volunteer gig will build new skills and keep students busy over the summer.	El trabajo o voluntariado puede darles nuevas habilidades y entretener a los estudiantes durante el verano.
JULY	1	Be sure to get off on the right foot and make your first tuition payment on time.	The first tuition payment is often due in the summer. Be sure to make it on time to keep everything in good order.	El primer pago de matriculación suele ser en el verano. Asegúrese de hacer tiempo para mantener todo en orden.
	2	Health insurance is required by law & by your college! Make sure you're covered on your parent's, school's, or your own plan.	Health insurance is required by law & by colleges. Ensure your child is covered.	El seguro medico es requerido por la ley y por el colegio. Asegúrese que su estudiante tenga cobertura.
	3	You'll be responsible for your own schedule in college. Practice now: set a schedule and an alarm – no sleeping until noon!	They might be tempted to sleep in all summer, but now's the best time to practice keeping a schedule they set for themselves.	Les dará tentación de dormir todo el verano, pero ahora es buen momento para practicar el mantener un horario establecido por ellos mismos.
	4	Orientation isn't optional. It's FUN! Make the most of it & connect with as many people as you can – roomies, advisers, friends.	College orientations are the best way for students to get acquainted with their new school. Make sure yours goes.	La orientación del colegio es la mejor manera de que los estudiantes se familiaricen con su nueva escuela. Asegúrese que su estudiante vaya a la suya.
	5	Cook dinner & wash a load of laundry for your family. They'll appreciate it & you'll practice skills you'll soon be using a lot.	Let your kid treat you to a home-cooked dinner and load of clean clothes. Call it practice for their next phase of life.	Deje que su estudiante le cocine una cena y lave la ropa. Le dará tiempo de practicar para su próxima fase de la vida.

## SUMMER TEXT MESSAGES

	week	student text message	family text message (English)	family text message (Spanish)
AUGUST	1	Make a plan for getting to class on your first day. If you're close, take a dry run to ensure you'll be on time.	Does your child have a plan for getting to college on the first day? Check in with them to be sure they're ready.	¿Sabe como va ha llegar su estudiante a colegio el primer día? Asegurase que ellos estén listos.
	2	Review the course catalog and choose classes that fulfill requirements and interest you.	Colleges require some classes but allow choice for others. Descriptions in the course catalog help students decide.	Los colegios requieren algunas clases pero permiten que los estudiantes elijan otras. Las descripciones en el catalogo de cursos ayudan a las estudiantes decidir.
	3	Leave your space at home neat and tidy: clean out your closets or bedroom. Bonus – it'll make packing that much easier!	Looking for a good reason to require a clean bedroom? College marks a new beginning –like spring cleaning in the summer!	¿Estas buscando una buena razón para limpiar una recamara? El colegio marca un nuevo inicio. ¡Hay que limpiar!
	4	You're responsible for money now – get a bank account, learn to write checks, discover the pros/cons of credit cards and debt.	Talk to your child about being responsible with money – bank accounts, writing checks, credit cards and debt.	Hable con su estudiante sobre la importancia de ser responsable con el dinero- cuentas de banco, escribir cheques, tarjetas de crédito y deudas.
SEPTEMBER	1	Do you have what you need to make your room feel like home? Remember to have few reminders of important people & places.	Your child might not tell you, but homesickness is common among college students. Reminders of home can help.	Su estudiante tal vez no le diga pero la nostalgia es común entre los estudiantes universitarios. Recordatorios del hogar pueden ayudar.
	2	Discover your new home. Get familiar with your campus - study maps, walk around, learn to love the space.	Your child is getting familiar with their campus, so now you get to take some time for yourself, too! (It's okay to cry...)	Su estudiante se esta familiarizando con el campus, mientras tanto puede tomarse un tiempo para Ud. ( se permite llorar).
	3	Connect with family and friends who've helped you get to college. Say thanks. Tell them how much you care.	A kid going to college creates a new dynamic for the family. Talk about changes with younger siblings or others affected.	Cuando un estudiante se va al colegio la dinámica en la casa cambia. Hable con los hermanos menores y cualquier otras personas que serán afectadas.
	4	Go online. Check out your college's website. Pick a student club or two; identify fun things you want to do. Then do them!	Getting involved is the best way to meet new people. If your child needs help, point them to the college website for ideas.	Involucrarse es la mejor manera de conocer a gente nueva. Si su hijo necesita ayuda, diríjalos a la página web de su colegio.

# SENIOR TO DO

**SUMMER: FOCUS ON FALL**

**Send  
transcripts &  
test scores.**

Take your Senior Exit Survey and confirm the college you will attend so the school can send your final transcript.

Learn more: [oregongoescollege.org/itsaplan](http://oregongoescollege.org/itsaplan)



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# SENIOR TO DO

**SUMMER: FOCUS ON FALL**

## Get organized.

As a college student you will have new responsibilities. Make sure you've got health insurance, a checking account and a budget, and a list of items you need.

Learn more: [oregongoestocollege.org/itsaplan](http://oregongoestocollege.org/itsaplan)



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# SENIOR TO DO

**SUMMER: FOCUS ON FALL**

**Attend  
orientation.**

Make sure you sign up for your school's orientation in in the summer or before school starts in the fall. It's a great time to learn the ropes and meet new people.

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# SENIOR TO DO

**SUMMER: FOCUS ON FALL**

# Make the most of summer.

In addition to your job, internship, or summer program, read a good book, try something new, and spend time with friends and family.

**HAVE FUN!**

Learn more: [oregongoescollege.org/itsaplan](http://oregongoescollege.org/itsaplan)



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